

Designing *Your* Life

ODYSSEY WORKSHEET

Odysseys are powerful tools for prototyping your future.

By ideating 3 unique, 5 year journeys, you create more possibility.



INSTRUCTIONS:

Visualize by drawing, 3 unique alternative paths for your life in the next 5 years. Think of the milestones and accomplishments you'd like to experience. The goal is to make each Odyssey wildly different.

Here are 3 prompts than can help you get started. Create a separate Odyssey for each.

LIFE #1

THE STORY YOU TELL TODAY

The trajectory you're on now. What will happen if you continue down this path?

LIFE #2

AN ALTERNATIVE PATH

What if what you do in life #1 is no longer an option? What will you do if you can no longer live the life you are living today?

LIFE #3

WILDCARD!

You have all the money you need, so what kind of life would you like to have?

Once you've visualized your futures, use the Gauges and questions to assess how you feel about each.

Give your Odyssey a title that sums up the key point of each journey. Choose an easy action towards an experience you're excited about.

ALTERNATIVE PLAN #:

6 WORD TITLE:

0

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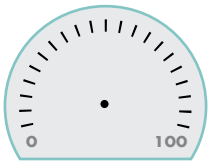
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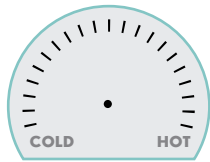
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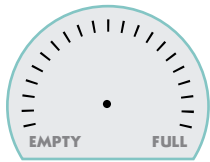
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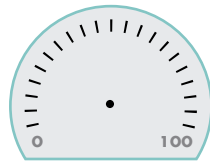
RESOURCES



I LIKE IT



CONFIDENCE



COHERENCE

QUESTIONS THIS PLAN RAISES:

ALTERNATIVE PLAN #:

6 WORD TITLE:

0

1

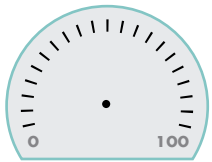
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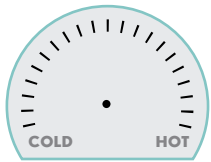
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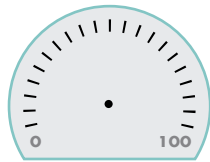
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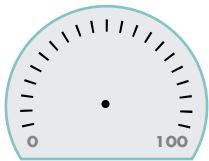
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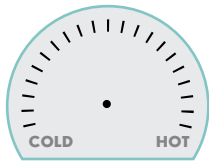
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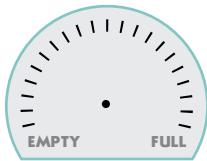
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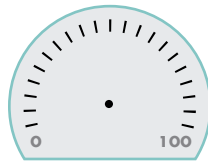
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